



Welcome to the third edition of our seasonal newsletter written and compiled by members with learning disabilities at Speaking Space (Romsey) Ltd. We plan to deliver the Speaking Space Scoop every winter, spring, summer, and autumn throughout the year to various locations, as well as publish on our Facebook page and website.

'The Twelve Months of Speaking Space' – Our Christmas Pantomime.

Kirsty has been working hard, organising our Christmas panto this year. The show will be called 'the twelve months of Speaking Space' and will take place at Braishfield Village Hall on Friday 1st December. Doors will open at 6pm for the show to begin at 6:30pm. Tickets are available via Eventbrite (link below and on our Facebook page) and are £5 per person 11 and above and £3 per person 10 and under. Kirsty is currently in the process of writing the script and assigning various roles and responsibilities to members and staff. The panto will include a sing & sign performance and a lot of laughter!

<https://www.eventbrite.co.uk/e/717003034377?aff=oddtcreator>



Meet our newest member of staff, Georgia...

In this season's edition of the Speaking Space Scoop we are very proud to be introducing Georgia, interviewed by our members Tommy and Andrew, pictured above left.

What do you do at Speaking Space?

I run sessions on communication skills and the zones of regulation, using Makaton throughout everything I do. I also oversee our enterprise project where we are producing items to sell within the community.

Which sessions do you most enjoy at Speaking Space?

I most enjoy coming up with exciting new ideas with our members for enterprise. I also really enjoy community groups where we go out and do our shopping and practice our communications and independence skills.

Who makes you laugh the most at Speaking Space?

Everyone puts a smile on my face, it's impossible not to be happy around our members.

What is your favourite type of food?

My favourite type of food would have to be.... Either Italian or Mexican food, anything with cheese!

What are your favourite hobbies?

Going to the theatre, my favourite show so far is Matilda.

Do you have any pets at home?

No, I don't but I would love to have a dog. I'd choose a Labrador because I think they are beautiful.



Scan the QR code to follow our Facebook page and keep up to date with what is going on!!

Can we help you!?

We are keen to do some volunteering in the Romsey area and would love to hear if you or your organisation would like any support from our members. Please contact us on 02380 987134 or at lauren@speakingpace.co.uk. If you have any opportunities that we could help with.

Meet our member Alexandra.....



How long have you been coming to Speaking Space?

Almost ten years now!

What is your favourite session at Speaking Space?

I've got two actually, I like cooking in i-space (independence skills) and going to Romsey Abbey to volunteer with gardening.

What is your favourite meal to cook in i-space?

There's too many to choose from! I like it all (laughs).

What superpower would you choose to have if you could have any?

Speaking to animals – an animal whisperer.

Do you have any pets of your own at home?

Yes, I do, at my Mum's house I have a cat called Basil, he's grey and very friendly.

Zones of Regulation Wordsearch

Can you find our 10 zones of regulation feelings words?

T	H	L	S	A	N	E	I	P	A	F	S
T	W	G	H	L	S	S	A	H	T	Y	D
N	C	O	P	I	E	I	T	A	D	S	E
C	J	J	R	L	X	C	E	P	S	T	T
O	Q	Z	E	R	C	N	M	P	T	I	A
N	P	O	L	W	I	B	H	Y	K	R	R
T	Y	D	A	S	T	E	J	G	D	E	T
E	K	D	X	T	E	D	D	J	D	D	S
N	L	G	E	D	D	R	E	W	U	J	U
T	S	A	D	G	B	M	X	O	V	P	R
E	S	A	K	O	E	Q	R	K	P	L	F
W	Q	N	C	L	F	P	M	L	A	C	Z

Worried	Proud
Content	Frustrated
Relaxed	Happy
Excited	Tired
Sad	Calm

David's Dingbat's!

Can you solve David's dingbat puzzles? Say what you see!

1. Pleasant CCU 2. T To Too
Two Tu
3. Gra 12" ve.
4. ROSEDAFFODILTULIPDAISY

**Find answers at the bottom of the newsletter.*



Enterprise production update.....

As some of you will already be aware, we have been working very hard to upcycle materials and produce items to sell within our community. We have gratefully received many donations already and have been making lots in art, craft and woodwork sessions. Above are a few photos of our progress.

- Dingbat Answers:
1. Nice to see you
 2. Tea for two
 3. One foot in the grave
 4. A bunch of flowers

If you are interested in finding out more about our fantastic day service, focusing on members learning and working towards their long-term goals, then please visit our website for more information – <http://www.speakingspace.co.uk/>
For information on our current vacancies, please visit the vacancies page on our website or call 02380 987134