



The country is on lockdown



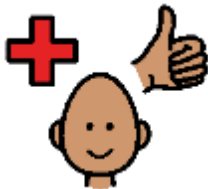
The country is on lockdown because of the Coronavirus and this is a story about it.



The coronavirus is making lots of people ill around the world.



We are all trying to stop the coronavirus from spreading.



The government has told us that the country now must go on lockdown to keep people safe.



What does a 'lockdown' mean?



Lockdown means that we must stay at home.



We can go out to buy food.



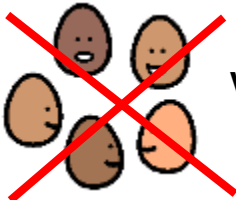
We can go out to buy medicine.



We can go out once a day to walk or exercise.



But we cannot go out for any other reason.



We cannot meet our friends



Most businesses are closed.



And people are working from home.

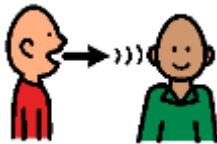
3 Su M T W The government is telling us this will last for 3
Th F Sa weeks.



After 3 weeks we hope places will be open again, but we must wait to see what we are told to do.



This is something that is new for everyone. And lots of us are feeling worried.



It is important to try to find someone to talk to, someone to help you.



It might be important to try to find different activities to do at home.



We know that this will end, and life will go back to being normal. We just don't know when this will be.



Try to remember the things we have learnt about keeping safe.



Remember we all must stay at home.



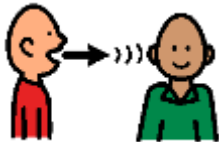
Remember to wash your hands lots.



Remember to not touch your face.



Remember to keep your distance from others when you are outside.



If you are feeling worried, try to talk to someone.



Try to remember that this will end, we just don't know when.